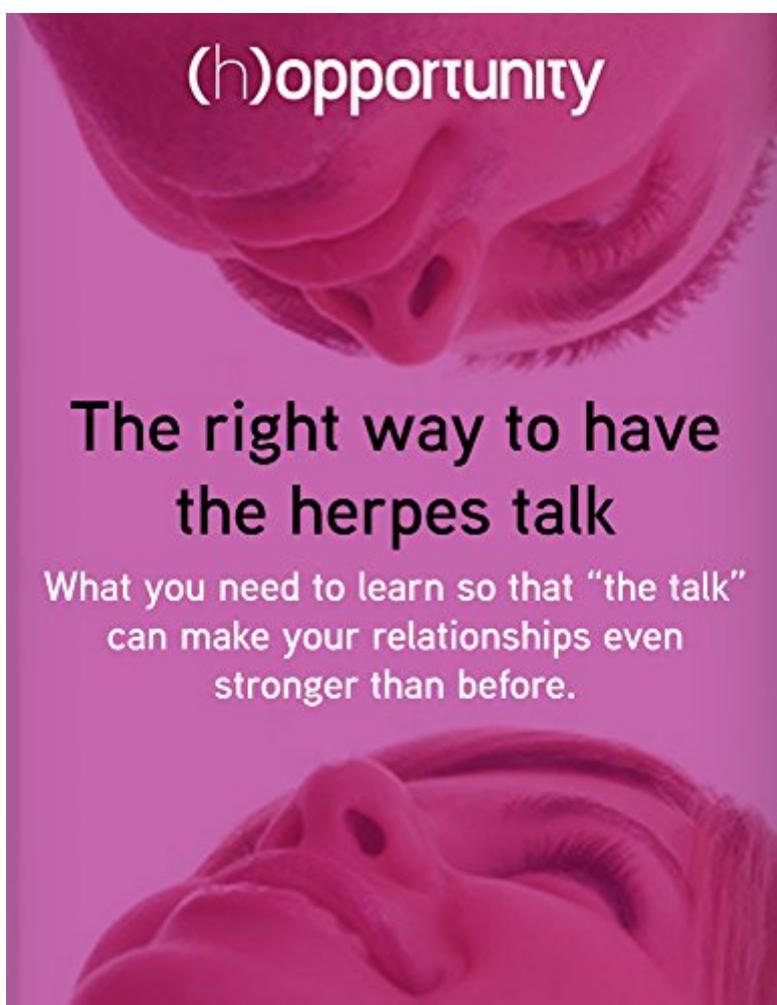


The book was found

The Right Way To Have The Herpes Talk: What You Need To Learn So That "the Talk" Can Make Your Relationships Even Stronger Than Before. (Guides Book 3)



Synopsis

These days, when I tell a new partner about herpes, it's usually not a problem. Instead of driving people away, having the talk often brings me and the other person even closer together. But it wasn't always like this. When I first got herpes, I was terrified to communicate about it. I expected to be rejected every single time. And I did get rejected. Big time! I had my fair share of tragic and painful conversations. I had to learn the hard way what NOT to do. In this comprehensive Guide I have collected the most important tools and perspectives I have used in my years of coaching into one easy to understand program. I've collaborated with relationship and communication experts to walk you through some of the most essential lessons about how to communicate about this delicate topic. This guide walks you through the mental and emotional challenges of herpes communication. And takes a revealing look at what's really possible when you communicate with clarity and authenticity. Here are just a few of the things you'll get from this book: I show you the most common mistakes to avoid when talking about herpes so you don't scare people away. help you understand what the other person needs to hear (and how they need to hear it) so they can feel a sense of safety and trust. I'll teach you powerful techniques that you can practice at home that will help you feel confident and grounded (long before you ever have the talk). You'll learn new ways to manage communication in your life so that you shine (instead of shrink) when it's time to communicate about herpes. I'll show you what most successful disclosure conversations have in common so that you can include these essential elements. Together, we'll clear the confusion around timing herpes communication so you can decide with confidence when it's the right time for you to have the talk with someone new. I'll also reveal proven methods to help you determine who you can trust with your secret | long before you decide to tell them. You'll learn why some disclosure conversations bring people closer than ever before, and how they can actually be the reason people fall in love. I'll show you how to lead the conversation where you want it to go | instead of letting painful emotions take over. You'll also get a checklist of important questions you can ask yourself before having the talk so that you can relax about your worst fears and instead of worrying, you can prepare for things to go great. This is your opportunity to get better at communication than 99% of people ever do. There are things that you can learn and do right now that can make the crucial difference for you the next time you tell someone about herpes. The truth is that most people don't ever learn the fundamentals of good communication. This is an opportunity to get better at communication than 99% of people ever do. I'm sure you can imagine how mastering communication skills can improve virtually every single area of your life. Can I tell you which of these techniques in this book will make the difference for

you?Of course not... but I can tell you that I get messages every day from people who tell me that their relationships are better than ever thanks to their ability to communicate about herpes (and everything else) with confidence. It feels amazing when someone tells me about the relief and joy they feel knowing that having the talk no longer holds them back from creating the relationships and romantic connections that they want. I'm confident that if you invest a little time and energy into learning some new things you can learn how to talk about herpes in a way that makes your relationships even stronger than before.

Book Information

File Size: 315 KB

Print Length: 103 pages

Simultaneous Device Usage: Unlimited

Publication Date: March 15, 2015

Sold by: Digital Services LLC

Language: English

ASIN: B00US7404M

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #1,286,117 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #78

in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Herpes #288 in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Diseases & Physical Ailments > Skin Ailments #454 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Skin Ailments

Customer Reviews

The exercises in the book prepared me to have the most important conversation of my life with someone I'm now very close to. In the past I would have run away to avoid rejection. But now I was able to say the right things in the right way. I'm a better communicator than I ever thought possible (because I never even thought about it). Talking about this was the scariest thing I ever thought about doing. I had no idea how to handle it. I felt blind, scared and stupid. This book opened up a whole new world of communication for me. Looking back I realize that no one ever taught me much of anything about how to communicate (especially about difficult topics). The communication skills I

got from my parents were really not so good. This book taught me things I wish I had learned years ago.

[Download to continue reading...](#)

The right way to have the herpes talk: What you need to learn so that "the talk" can make your relationships even stronger than before. (Guides Book 3) Herpes: Herpes Cure: The Natural Herpes Cure Method To Eliminate Genital Herpes For Life! (Herpes Cure, Herpes, Genital Herpes, Cold Sore, Elimate Herpes, How To Cure Herpes, Herpes Treatment) The Ultimate Herpes Cure - How to Eliminate Herpes for a Life Using Natural Cure Methods (Herpes Cure, Herpes Protocol, Herpes Cure Treatment, Herpes Treatment, Herpes Zoster, Herpes Simplex Virus) Herpes: 50 Ultimate Herpes Cures: How to eliminate Herpes for life and never suffer from outbreaks again (Herpes Treatment, Genital Herpes, Herpes Zoster, ... Simplex, Herpes Virus, Cold Sore, Health) The Herpes Solution: How to Free Yourself of Genital Herpes... for Good! (Genital Herpes Book, Cold sores, genital herpes, genital herpes cure, genital herpes treatment) How to enjoy dating & romance with herpes: Learn how to handle the emotional and practical challenges of herpes with confidence (so you can get your love life back on track). (Guides Book 2) Herpes Free Guarantee: How I Got Rid Of Herpes Completely Without The Use Of Drugs. Follow These Simple Steps You Can Be Herpes Free How to Become a Paralegal: Learn How You Can Quickly & Easily Be a Paralegal The Right Way Even If You're a Beginner, This New & Simple to Follow Guide Teaches You How Without Failing How to Play Lacrosse: Learn How You Can Quickly & Easily Master Playing Lacrosse The Right Way Even If You're a Beginner, This New & Simple to Follow Guide Teaches You How Without Failing Quick and Permanent Cure for Herpes: Natural Herpes Remedies That Proven to Destroy the Herpes Virus! HERPES: Genital Herpes and Oral Herpes: Symptoms, Diagnosis, Treatments, Pregnancy, Newborn, Preventions, Self-Care, Counseling, Research Treating Herpes Naturally With Larrea Tridentata: an Effective, Natural Remedy for Cold Sores, Genital Herpes, Shingles, Chickenpox, Epstein-Barr, and Other Herpes Outbreaks Baby Signs: How to Talk with Your Baby Before Your Baby Can Talk, Third Edition What Your Doctor May Not Tell You About(TM) Hip and Knee Replacement Surgery: Everything You Need to Know to Make the Right Decisions (What Your Doctor May Not Tell You About...(Paperback)) Sex: Make Him Scream: Make Your Man Scream In Bed, Simple Techniques To Make Him Love You Now And For Better Relationships Blender Recipes: 27 Blender Recipes You Can Make with High Speed Blenders - Juicing For Weight Loss & Vitality (Blender Recipes You Can Make With Your ... Star & Other High Speed Blenders & Juicers) Learn German! More than 100 didactic texts to learn and improve your German: Learn vocabulary and grammar while your are reading (German Edition) Lets Make

America Great Again Together: 7 Simple Steps That We Can Do Together to Make America Even Better Learn German Step by Step: German Language Practical Guide for Beginners (Learn German, Learn Spanish, Learn French, Learn Italian) A roulette system that will not make you rich, but will show you the way to win all you need for a living: If you see a table full of people and then suddenly ... empty, just with one person, that is me..

[Dmca](#)